

A proposed Routine of Foundation Course from 01/08/2019 to 31/08/2019 for Batch 2019-20

Days and Date	09.00 -10.00 a.m	10.00- 11.00 a.m	11.00-12.00 a.m	12.00 - 13.00 p.m	13.00-14.00 p.m	14.00-15.00 p.m	15.00-16.00 p.m	16.00-17.00 p.m
Monday 1st Aug	Address by Dean/Principal, Faculties of the Institute and Self Introduction of newly admitted students				Lunch Break	Interaction with Pre- Clinical (Anatomy, Physiology and Biochemistry) faculties by Students and Guardian		
Tuesday 2nd Aug	Visit to the Pre and Para Clinical Departments		Experiences of the Senior students - By students union		Lunch Break	An overview of M.B.B.S course with rules - regulations of the University and regards to attendance, assessments, Examinations, Log books etc.		
Wednesday 3rd Aug	Visit to the OPD, Casualty, Blood bank, Labs in the Hospital campus		Importance of foundation course	Lunch break	Ethics and Professionalism	Unethical behavior and attitudes, CPA	Importance of Patient- Doctor relationship.	Hostel Visit An overview on rules, regulations & Hostels Ethics.
Thursday 4th Aug	Visit to I.P.D of Clinical Departments		Introduction of CBME	Lunch break	Ragging - Rules and regulation	Importance of Computer Skills	Importance of Local Language	Sports/ECA
Friday 5th Aug	Visit to the RHTC and interaction with the Faculties and Para Medical Nursing staff and Health Educator		Concept and implementation of Health for all.	Lunch break	National Health programme	Health care delivery system	Learning of Local language	Sports/ECA
Saturday 6th Aug	Visit to U.H.T.C and an overview of Primary Health system in regards to communicable diseases		History of Medicine	Lunch Break	Introduction of Communicable diseases	An overview of Skill labs	English language	Sports/ECA
Monday 8th Aug	Visit to Central Library	Anatomy - The base of Medical Profession	Yoga - its importance for Healthy life.	Lunch Break	Duty of a Physician in remote & backward area	Computer skill	Primary learning of Local Language	Threatre /Cinema on Health care system
Tuesday 9th Aug	Visit to Blood bank and	Physiology - basics of	Role of Physician in a society in a present scenario	Lunch Break	Use of Online resources in the field of medicine	Introduction to AETCOM module	Learning of Local language	Visit to Skilled lab and

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	process of Blood donation	importance in Medicine						introduction of skill lab
Wednesday 10th Aug	Visit to Hospital Kitchen in regards to cleanliness.	Biochemistry - A subject of importance	Importance of time management	Lunch Break	Importance of vertical integrated Classes	Geriatric Medicine and role of Nursing care	English language	Threatre /Cinema on Health
Thursday 11th Aug	Field visit to nearby village	Importance of field visit in regards to sanitation and irrigation	An overview of water-born and other communicable diseases	Lunch Break	Visit to Dissection hall An overview of preservation of human cadaver	Computer skill	Learning of Local language	Sports/ECA
Friday 12th Aug	Visit to Pediatrics , distribution of fruits to children and celebration of IDD (MUSLIM FESTIVAL)			Lunch Break	-	-	-	Sports/ECA
Saturday 13th Aug	Sachh Bharat Abhijan for Pre-I.D celebration	Visit to Radiology and importance of health hazard	Visit to anatomy museum and its importance.	Lunch Break	Importance of Horizontal integrated Classes	Importance of sports medicine and Role of a Doctor in sports	Computer skill	Practice for Pre- I.D celebration parade
Sunday 14th Aug	-	-	-	-	-	-	Practice for Pre- I.D parade	Sports /ECA
Monday 15th Aug	Tree Plantation	Flag hoisting	Fruit distribution to IPD patients	-	-	-	-	
Monday 16th Aug	Visit to Pediatrics OPD and facilities available	Advantages and disadvantages of Didatic lecture	Expectation of Medical profession	Lunch Break	Importance Communication skill in Health care system.	Stress management and counseling	Learning of Local language	Visit to Canteen, Departmental store in the College Campus.
Tuesday 17thAug	Visit to Primary health Centre	Importance of Small Group teaching	An overview of organ transplantation	Lunch Break	Role of physician in control of	Assessment Process and evaluation	Learning of Local language	Threatre /Cinema on

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					population Explosion.			Health care system
Wednesday 18th Aug	Visit to Pediatrics for learning immunization skill	Visit to community Med to learn immunisation schedule	Behavior of physician in the treatment of a patients	Lunch Break	Personal hygiene, and safety.	Introduction to AETCOM module	Computer skill	Visit to Skill lab
Thursday 19th Aug	Visit to CSSD	Theoretical vs Practical knowledge	Concept of self directed learning	Lunch Break	Role of seminars, C.M.E in Medical Education	I.T application in Health care system	Learning of Local language	Sports /ECA
Friday 20th Aug	Govt holiday	Yoga in and Physical exercise diseases.		Lunch Break	I.T application in Health care system		English language	Sports/ECA
Saturday 21st Aug	Visit to a Primary school	Transport system in health care system	Application of Knowledge of Anatomy in Surgery	Lunch Break	Importance of teaching learning aids	Concept of self directed learning	Computer skill	Sports /ECA
Sunday 22nd Aug	-	-	-	-	-	-	-	
Monday 23rd Aug	Visit to Casualty /Trauma Centre	National health policies and benefits thereof.	Knowledge of Anatomy in Pathology	Lunch Break	An overview of Proposed changes of GME Regulations	Principles of Family Practice	Learning of Local language	Visit to Bio Medical Waste Management site
Tuesday 24th Aug	Govt holiday	Yoga in and Physical exercise diseases.		Lunch Break	-	-	-	Cinema on infectious/ transmitted diseases.

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Wednesday 25th Aug	Demonstration on Basic life support system	Knowledge of Anatomy in Radiology	Health care delivery system Dr	Lunch Break	Alternate Health care system Dr	Computer Skill	Learning of Local language	Visit to Mortuary in FSM Department
Thursday 26th Aug	Visit to a Public awareness camp	Importance of Health Educator in a Society	Discussion on Gender sensitization & Sexual Harassment	Lunch Break	Role of Nutrition- a solution Physically fit & Healthy	A Discussion on Violence against Doctor	Learning of Local language	Sports/ECA
Friday 27th Aug	Visit to a Yoga Centre with prior appointment.	Concept of Early Clinical Exposer	Role of diagrams charts, models in the teaching of Anatomy	Lunch Break	Importance of First aid Training in rural areas.	Challenges in eradication of Vector born diseases.	English language	Sports/ECA
Saturday 28th Aug	Visit to Ophthalmology OPD and learn the importance of Vision	Role of Yoga in and Physical exercise in the treatment of Chronic diseases.	A Discussion on importance of Eye donation.	Lunch Break	The Art and Science of Nursing care.	Computer skill	Learning of Local language	Sports/ECA
Sunday 29th Aug	-	-	-	-	-	-	-	-
Monday 30th Aug	Visit to IPD & Interaction with Patients in Local language	Importance of Digital classroom in teaching process	Role of diagrams charts, models in the teaching of Anatomy	Lunch Break	A Discussion on Role of Media in Health coverage.	Discussion on eradication of harmful ritual procedure	Learning of Local language	Visit to Skill lab
Tuesday 31st Aug	Visit to OPD & Interaction with Patients in Local language	Visit to Deptt of Anatomy with an introduction of the subject.	Visit to Deptt of Physiology with an introduction of the subject.	Lunch Break	Visit to Deptt of Biochemistry with an introduction of the subject.	Application of Log book for evaluation and assessment process	Learning of alternate language	Cinema on infectious/ transmitted diseases.